



มหาวิทยาลัยศรีนครินทรวิโรฒ
คณะกายภาพบำบัด

ประวัติและผลงานอาจารย์

ชื่อ-นามสกุล (ภาษาไทย) อิติมาศ วินัยรักษ์

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การศึกษา

ปีที่จบ	สถาบัน/ประเทศ	วุฒิการศึกษา
2013	Srinakharinwirot University, Thailand	B.Sc. (Physical Therapy), first class honors
2019	Srinakharinwirot University, Thailand	Ph.D. (Physical Therapy)

ความเชี่ยวชาญ

- Rasch analysis and scale development
- Stroke rehabilitation
- Postural control

ผลงานวิจัย

International level

1. **Winairuk T**, Chaikereee N, Sirisup S, Saengsirisuwan V, Boonsinsukh R. Classification of Limb and Mobility Impairments in Persons With Stroke Using the STREAM. J Neurol Phys Ther. 2022;46(2):96-102. doi:10.1097/NPT.0000000000000384
2. **Winairuk T**, Pang MYC, Saengsirisuwan V, Horak FB, Boonsinsukh R. Comparison of measurement properties of three shortened versions of the balance evaluation system test (BESTest) in people with subacute stroke. J Rehabil Med. 2019;51(9):683-691. doi:10.2340/16501977-2589



ตำแหน่งวิชาการ

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National level

1. **Winairuk T**, Rattanaichit Y, Boonsinsukh R, Kitiyanant K. UNDERSTANDING OF PHYSICAL THERAPISTS AND PREPAREDNESS OF PHYSICAL THERAPY TELEREHABILITATION IN BANGKOK AND VICINITY: MUSCULOSKELETAL SYSTEM. Srinakharinwirot University Journal of Sciences and Technology. 2024;16(32, July-December):1-12, Article 251998.

International proceedings

1. **Winairuk T**, Pang M, Sirisup S, Saengsirisuwan V, Boonsinsukh R. Identification of Balance Impairment Levels in Persons with Stroke Using the BESTest and the S-BESTest. Proceeding of “World Physiotherapy Asia Western Pacific Regional Congress with the Hong Kong Physiotherapy Association Conference 2022” 18th- 20th June 2022; Published online https://www.worldphysio-awp2022.com/vod/19Jun_1445_6_044_Thitimard_Winairuk.pdf.
2. Satayaprakorb K, Boonsinsukh R, **Winairuk T**, Roongpiboonsopit D, Chaikereee N. Reliability of the Stroke-Balance Evaluation Systems Test (S-BESTest) in People with Chronic Stroke. Proceeding of “RSU International Research Conference 2021 on Science and Technology” 30th April 2021; Published online: Copyright © 2016-2021 Rangsit University, Pathum Thani, Thailand. 433-440. Doi: 10.14458/RSU.res.2021.206
3. **Winairuk T**, Chinsongkram B, Lekskulchai R, Pang M, Boonsinsukh R. Rasch Analysis of the Balance Evaluation System Test (BESTest) in Persons with Stroke. Proceeding of “WCPT-AWP& PTAT Congress 2017: Moving towards health, longevity, and sustainability” 28th- 30th June 2017; Bangkok International Trade& Exhibition Centre (BITEC), Bangkok, Thailand.

National proceeding

1. **Winairuk T**, Taofig N, Sudjai W, Na Songkhla P, Boonsinsukh R. Comparison of cognitive dual-task condition during walking on different surfaces between faller and non-faller in Thai elderly females. Proceeding of “The 2nd



Conference on Physical Therapy in Nakhon Nayok and Pathum Thani
Province” 15th March 2013; Faculty of Allied Health Science, Thammasat
University, Pathum Thani, Thailand.

หนังสือ/ตำรา/บทความ

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